

Individualized Health Plan (IHP) for Joey Pigza

Ehlers-Danlos Syndrome Type I/II

Assessment Data	Nursing Diagnosis	Goals	Nursing Interventions	Expected Outcomes
<p>Joey has Ehlers-Danlos Syndrome type I/II characterized by joint hypermobility, skin hyperextensibility and tissue fragility.</p> <p>Joey at risk of dislocations and subluxations.</p> <p>Joey's skin is fragile and at high risk of "tearing" and has poor healing ability.</p> <p>With EDS, there's a risk of mitral valve prolapse that may present as an arrhythmia, dizziness, shortness of breath or fatigue.</p> <p>Participation and enjoyment of all the educational and extra curricular activity allotted to all the other students within the child's grade level and within the confines of his physician and mother-directed limitations.</p>	<p>Risk of impaired skin integrity related to hyperextensibility of the skin and tissue fragility secondary to EDS</p> <p>Knowledge deficit: EDS Precautions in the school setting related to new enrollment into new school.</p> <p>Risk of vascular trauma and associated bleeding related to lack of arterial and venous supportive connective tissue (collagen)</p> <p>Risk for bleeding related to poor healing ability secondary to EDS</p> <p>Risk of Injury: dislocation / subluxations related to physical and impact activity related to weak connective and supportive joint tissues.</p> <p>Risk for impaired adjustment related to health limitations vs the educational and extra curricular activities planned for the school year.</p>	<p>Student will be able to:</p> <ol style="list-style-type: none"> 1. Identify activity limitations and avoid contact sports/play as well as impact sports/play. 2. Identify alterations in skin integrity or bruising that may need medical intervention and a visit to the school nurse. 3. Protect skin injuries to avoid prolonging the healing process and subsequent scarring. 4. Report to the school's health office after a fall or other physical "event" that may result in a skin issue / bleeding. 5. Express his feelings regarding having a chronic illness and how EDS may affect his peer relationships. <p>Additionally</p> <ol style="list-style-type: none"> 6. Educate and train another staff member to aid the student in management of his EDS care needs in the absence of the school nurse. 7. Mother will ensure this nurse is aware of any physician-directed / parent-directed changes to the student's plan of care. 	<p>Reinforce education regarding appropriate technique to protect skin and maintain integrity.</p> <p>Identify the cause of bruising at pressure points or secondary to injury.</p> <p>If bleeding episode, child will report to the health office for assessment and care.</p> <p>Avoid using ice packs due to alteration in skin sensitivity.</p> <p>Use a minimum of 2-person assist if physical assistance is necessary.</p> <p>Avoid frequent changing of dressings (if presents) and restrict use of adhesive bandages.</p> <p>Teaching regarding limiting impact sports / activity as well avoiding participation in contact sports / activity.</p> <p>Provide opportunities for student to verbalize feelings regarding EDS.</p> <p>Develop and maintain a student-specific EDS action plan and ensure the involved faculty members are aware of the plan.</p> <p>Find alternative activities that may increase peer interaction during contact sports / activity and high impact sports / activity.</p>	<p>Child will not experience any joint dislocation or subluxations during the school year.</p> <p>Child will not develop any serious alteration in skin integrity or bleeding episode.</p> <p>School staff is informed of the potential for injury and the need to use 2-person assist with all mobility needs.</p> <p>Student will be independent being able to identify the need for an assessment by the school nurse if an injury is suspected yet not initially noted.</p> <p>Student will avoid kneeling and propping up on his knees or elbows to avoid bruising.</p> <p>Student will be able to enjoy participation in PE and school activity by finding alternative activities / duties that will maximize participation with his peer group during extra-curricular activities and play.</p>

© 2020 SulaeARTS

Emergency Contacts

Quick Reference

Pigza, Joey

6rd Grade / South Middle School

Date of Plan: Monday, September 28, 2020

Emergency Contact Information

Guardian: Mamma Pigza

Email Address: mammapigza@email.com

Phone: (000) 000-0000

Guardian: Daddy Pigza

Phone: (000) 000-000

Health Care Provider: Dr. Wheaton

Phone Number: (000) 000-0000

Other Person:

Person

Room 203

Extension: 2823

EMERGENCY: CALL 911



School Nurse:

Nurse Kevin, RN

Email Address: goseethenurse@gmail.com

Phone: 000-000-000

South Middle Extension: 0000

West Middle Extension:

Cell Phone Number: 208-867-5309

School Nurse Backup #1:

NURSE, RN

Phone Number: 208-468-4614

School Nurse Backup #2:

NURSE, RN

Phone Number: 208-468-4629

Dear Substitute Teacher

My name is Joey

(Pigza, Joey)

6rd Grade / South Middle School

I have something to tell you about myself.

I have a condition that may result in prolonged bleeding or I may have a dislocation of one of my joints that will require a visit to the school nurse.



If I am bleeding from a cut, nosebleed or even a bruise, I need to go see the nurse and have her check me out to make sure all is well. Also, I have a tendency to have dislocations of my joints and I may not have pain like someone else would experience if they have a dislocation.

Please excuse me from contact activity like football or other activities that may result in running into something or someone. Also, impact activity like running and jumping could cause an issue. I may participate but need to have the opportunity to take it easy if my body is telling me to.

I am normal in every way and know we'll have a great day. If you have any questions, please call the school nurse and she will fill you in on any information you need.

Thanks So Much,

Joey